

We're
turning

75

VIER TÜRME

PROGRAMME PREVIEW

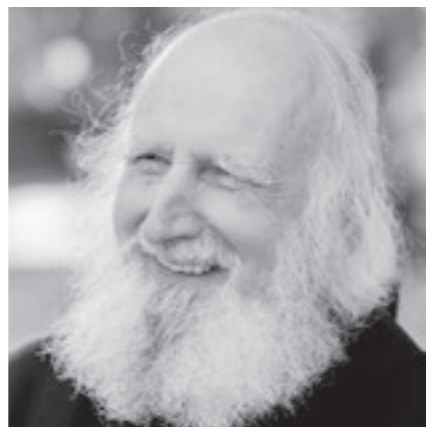
Autumn
2026



What can grow from longing

Many people today struggle with faith; they no longer feel God's presence. But they feel a longing for something that transcends them, that gives them a sense of stability, that allows them to go through life with confidence even in the face of vulnerability, uncertainty, powerlessness, fear or loneliness.

Anselm Grün is convinced: in the longing for faith lies faith itself. And in the longing for God lies God himself. Longing is a natural capacity of the human soul; everyone carries it within them. And it offers hope, even in the most difficult situations. It helps people to work towards positive change, and thus points the way to well-being, trust, freedom and connectedness.



Father Anselm Grün | is the most successful Christian author. Over the course of his life, he has published over 700 titles, and his works have been translated into over 30 languages.

uplifting book for uncertain times

featuring **meditative exercises and reflections**

overcoming negative feelings



Anselm Grün
Why Longing is the Answer
approx. 128 pages | Hardback
August 2026

with confidence through life

Sow peace—reap hope

Peace begins within—and spreads out from there into the world. This inspiring companion for the year invites you, week by week, to find the seed of peace within yourself, in nature, in everyday life and in your relationships with others, and to prepare the ground for it, so to speak.

From quiet moments of meditation to encounters with great role models of peace such as Mahatma Gandhi, Malala Yousafzai or Nelson Mandela, right through to insights from the Bible, music, film and politics, the book covers a wide range of topics. Short, thought-provoking texts and selected quotations offer guidance, comfort and hope.

Whether on a walk through the woods, in prayer, in conversation with a friend or in service to others—this book reminds us: peace is not a distant goal, but a path that we can walk together anew every day.



Johannes Schleicher | studied theology in Freiburg im Breisgau and Jerusalem. Until 2009, he served as director of the Open Monastery Abbaye de Fontaine-André in Neuchâtel (Switzerland). He subsequently served as Head of Education and Administration at the VIA CORDIS House St. Dorothea in Flüeli Ranft (Switzerland) and, until 2020, was responsible for Spirituality and Education within the Roman Catholic Church of Basel-Citychrome. Since 2020, he has been working as a seminary and course leader and spiritual director.



Johannes Schleicher
So that Peace May Grow
A Companion for the Year
 approx. 240 pages | Hardback
 August 2026

high-quality gift for many occasions

current topic

52 selected **texts and quotations**

*a year-round companion, offering
 guidance, comfort and hope*

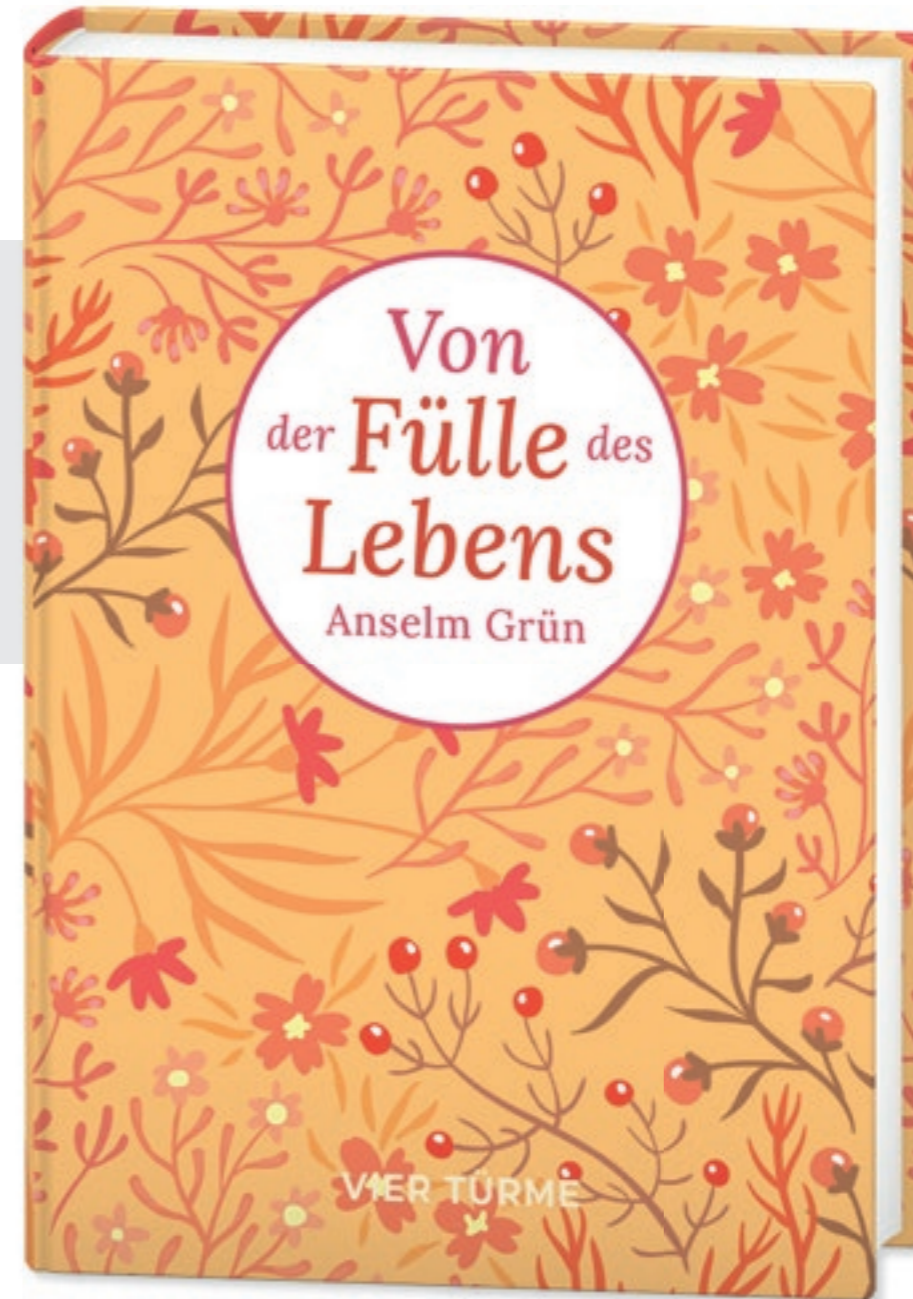
Celebrating life

The writings of Anselm Grün in this beautifully designed gift book invite us to focus on the good and the beautiful things we encounter every day, and to consciously appreciate the abundance we are gifted with even in our daily lives. These short meditations explore the questions: What is essential? What do I really need, and what is unnecessary baggage? Can even difficult experiences be enriching? What am I grateful for?

An inspiring gift and reading book that encourages us to celebrate life in all its fullness.

lovely **gift with a high-quality finish**

uplifting and thoughtful gift for many occasions



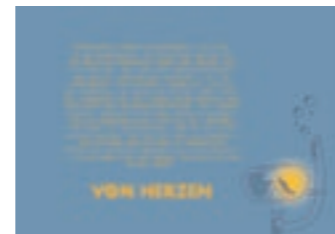
Anselm Grün
On the Fullness of Life
 Series: Library of the Art of Living
 Volume 6
 approx. 128 pages | Hardback
 August 2026

*courage for a life of
 fulfilment*

Message of light

When November brings gloom and darkness and the light is lacking, many find it hard to remain hopeful. This 'Light Calendar' does not seek to deny the darkness. Quite the opposite: it is important to acknowledge it. But the light is there too. You just have to go looking for it—in such simple things as rays of sunshine or candlelight, but also in texts and songs, and most of all: in people. And this is entirely regardless of whether someone believes in something or not, where someone comes from and lives, how much or how little someone possesses, or whether one lives alone or in a community. Light illuminates, warms and connects people across all borders. 'November Light' aims to make this sense of community tangible. It seeks to remind and encourage people and to strengthen them in the place where everyone can begin: with themselves. Because: It is our light that illuminates the world.

overly religious, spiritual project: **wide reach** and a growing following



Cards 2025



Advent
calender for
November
one card
for each day

*connecting people
across all borders*

Marlene Fritsch, Angela Krumpen
November Light
It is You Who Illuminates the World
31 cards | in a slipcase
full colour throughout
August 2026

Finding one's roots



finding oneself

For the early monks, the so-called Desert Fathers, prayer was more than merely reciting words. It served an analytical and therapeutic purpose and was thus a source of self-knowledge and healing. In their view, those who pray become more mature, wiser and more whole. Today we might say: a person finds themselves or realises their true self. In this book, Anselm Grün makes the rich experience gathered by prayerful people throughout the ages newly fruitful and accessible for people today.

'Prayer and Self-Knowledge' was the first of a total of 200 Münsterschwarzach pamphlets, published in 1979. To mark the 75th anniversary of the publishing house, it is being reissued in the 'Benedictine Library' series.

a classic by Anselm Grün

to mark the publisher's 75th anniversary,

the first book by Anselm

Grün published by Vier-Türme-Verlag—now

available in a new edition

Anselm Grün
Prayer and Self-Knowledge
 Series: Benedictine Library
 Volume 6
 Approx. 90 pages | Hardback
 August 2026

Growing together



treating ourselves and others with respect

For Abbot Mauritius Wilde, respect is the foundation of human coexistence. In this book, he writes about the significance of this essential value for our lives and for our society. Furthermore, using many encouraging examples and short practical exercises, he shows how we can treat ourselves, others and our environment with respect and adopt an attitude from which an appreciative interaction with one another can grow.

Abt Dr Mauritius Wilde | studied theology and taught at the monastery's own Egbert Grammar School, before taking over as director of Vier-Türme-Verlag from 1999 to 2010. His path eventually led him to become prior at the US branch of Münsterschwarzach Abbey in Schuyler, Nebraska. From 2016 to 2025, he was prior at the Primatial Abbey of Sant'Anselmo in Rome and a lecturer at the Benedictine university there. Since October 2025, he has been abbot of the widely renowned Maria Laach Abbey in the Eifel.

important, socially relevant topic

revised new edition—**finally back in stock**

Mauritius Wilde
Respekt—The Art of Mutual Appreciation
 Series: Benedictine Library
 Volume 7
 Approx. 160 pages | Hardback
 August 2026

How a publishing house found a home in a former chicken coop



The publishing house which has been located on the grounds of Münsterschwarzach Abbey since 2006

The publishing house of the Abbey of Münsterschwarzach looks back on a history spanning over 75 years

After the Benedictine monks had left the abbey grounds near the Main River bend during the secularisation of 1803 and returned in 1913, the first book was published as early as 1916 by the 'Münsterschwarzach Abbey Publishing House'. In 1922, a bookshop was established and a few titles were published by the 'Missionsverlag Münsterschwarzach'.

Just one year later, the monastery printing press—now known as Benedict Press—was founded. In 1931, the first edition of the mission calendar "Pax, Anno Domini 1931" was published. This calendar later developed into the 'Münsterschwarzach Picture Calendar', which, with a print run of over 80,000 copies, remains one of the most successful calendars in the Christian sector to this day. After the Second World War—the Nazis had dissolved Münsterschwarzach Abbey from 1940 to 1945—monastic life and, with it, the publishing house's history began anew. In 1947, the monastery publishing house received its official re-approval from the military government; two years later, a barrack of the abbey's procurator's office was designated as the company's headquarters.

In 1951, things became official: the Vier-Türme-Verlag was founded and given its own logo. Its name is derived from the four towers of the new abbey church. In 1965, the monks of Münsterschwarzach launched an academic book series entitled 'Münsterschwarzacher Studies'. From 1970 to 1972, the "German Antiphonary", compiled in Münsterschwarzach following the Second Vatican Council, was published as the first edition of a German Liturgy of the Hours.

In 1978, Father Anselm Grün took over as head of the publishing house.

At that time, this still involved running the publishing house, the printing works and the bookshop. Just one year later, the book series 'Münsterschwarzacher small prints' was launched with the title of the new director's book, 'Prayer and Self-Knowledge'. This was followed by 199 volumes, of which well over 3 million copies were sold in total. In the late 1990s, the publishing house was reorganised under the umbrella of Vier-Türme GmbH and separated from the printing works and bookshop as an independent entity. By this time, the business had grown to seven employees and two apprentices and required a new home in the abbey's former cowshed. In 1999, Father Mauritius Wilde takes over as head of the publishing house. He drives forward the expansion of the publishing house into a professional, globally active media company, which now finds its home in the former henhouse. He strengthens the differentiation of the individual departments. In particular, the sale of text rights abroad becomes a key pillar of the business. In 2010, Brother Linus Eibicht takes over the leadership. During this period, two new series are launched: 'Sources of Spirituality', which contains theologically significant historical texts, and the abbey biography 'Black but Beautiful'. From 2018 onwards, under the direction of Br. Dr. Ansgar Stüfe, around 40 new titles will be published annually. The range includes not only books but also calendars, e-books and non-book items. The authors include Father Anselm Grün as well as leading figures in spiritual literature such as David Steindl-Rast, Nikolaus Schneider, Burkhard Hose, Winfried Nonhoff, Mauritius Wilde, Linda Jarosch and Frank Berzbach. Father Wolfgang Sigler is the publishing director since 2025.

The publishing house has set itself the aim of continuing to publish high-quality books on current religious, spiritual, philosophical and psychological topics. Critical reflection on faith and the Church is also part of the publishing programme.

most successful series

A Philosophy of Life with the little monk

The popular series about the little monk by Father Zacharias Heyes



Zacharias Heyes
The Little Monk
And The Matter Of Silence
128 pages | Hardback

Ansgar Stüfe
The Little Monk And
Great Happiness
128 pages | Hardback

Zacharias Heyes
The Little Monk
Clears Up
143 pages | Hardback



Zacharias Heyes
The Little Monk And The
Gift Of Trust
128 pages | Hardback

Zacharias Heyes
The Little Monk And The
Matter Of Laughter
128 pages | Hardback

Zacharias Heyes
The Little Monk Takes The
Day Off
144 pages | Hardback



Happy birthday, little monk!

It's the little monk's birthday. But he's racking his brains over what his celebration at the monastery might look like. What might be possible? What would be appropriate? On the one hand, he feels uncomfortable being the centre of attention. On the other hand, it would be a good opportunity to say thank you: to the abbot, the novice master, the cook ... simply to everyone in the monastery—for their support and help, but also for the little everyday things.

In this volume, too, Zacharias Heyes takes up the thoughts and reflections of the little monk and examines the warm-hearted and humorous story for its deeper meaning. It is about self-love as much as it is about recognition, but above all about the fact that every person is unique—and that this should definitely be celebrated!



charming illustrations, large fan base

words of wisdom—**to make you smile and browse**, to give as a gift or treat yourself!



Zacharias Heyes
The Little Monk Celebrates His Birthday
Series: The Little Monk
Approx. 128 pages | Hardback
September 2026

on self-love, recognition and uniqueness

Warmest wishes for your birthday

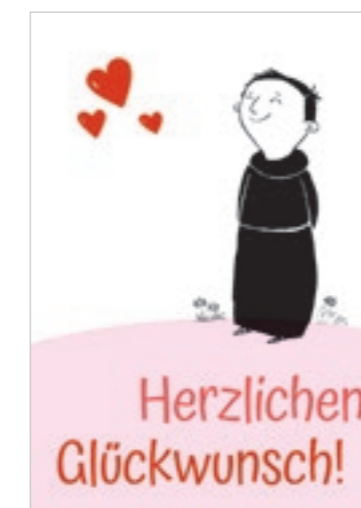
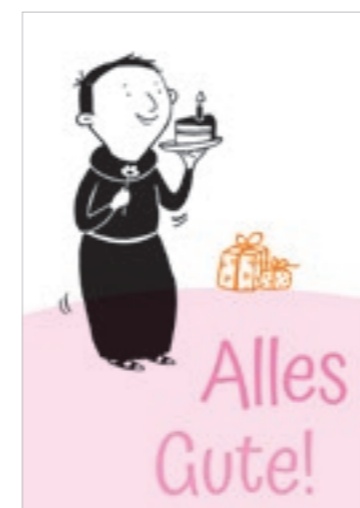
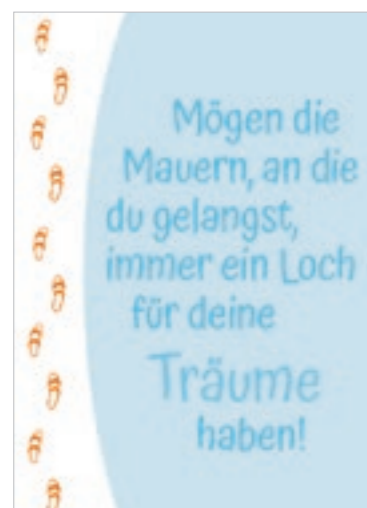
Looking for a really special birthday card? Then this postcard set is just the thing! 24 designs from the popular book series 'The Little Monk', combined with plenty of space for personal messages and birthday wishes for the birthday child. For fans of The Little Monk and those who want to become fans.

unique **set of cards featuring enchanting illustrations** from the popular book series "The Little Monk"

postcard size (DIN A6)



*giving
enchanting
gifts*



Matthias E. Gahr (ed.)
For Birthdays
24 Cards to Send And Give as Gifts
24 cards | in a slipcase
September 2026

Back to life!

Kim Haas, herself a sufferer of complex post-traumatic stress disorder, makes the invisible visible in this book: the struggle with pain, fear, shame, anger and crisis. In doing so, she impressively combines autobiographical experiences with proven techniques from behavioural psychology and emotion regulation.

The result is a practical guide that offers encouragement, fosters understanding and shows concrete ways of dealing with mental distress. Honest, empathetic and true to life, the book appeals to readers grappling with issues such as trauma, depression or feeling overwhelmed—and seeking hope.

A book that moves and provides guidance—for those affected, their loved ones and anyone who wants to better understand what goes on inside people when ‘things get loud’ inside them.



Kim Isabell Haas | born in 1987, holds a master's degree of Science in Health Sciences, is a certified yoga teacher and lecturer. She works primarily as a management consultant specialising in leadership training and HR process optimisation, as well as a speaker on stress management and health. She lives in Garmisch-Partenkirchen.

QR code for the website
<https://mindset-fitness.de>:



practical **help in crisis situations**

especially **for young people** in seemingly hopeless situations

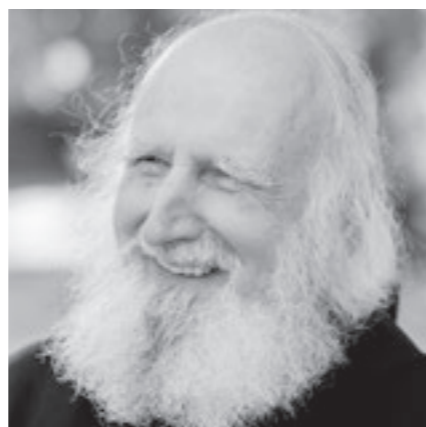


Kim Haas
Sometimes it's Noisy Inside me
About Fear, Anger, Grief And How to
Take The Next Step When
You Don't Know What to do Next
approx. 160 pages | Hardback
September 2026

*practical guide to coping
with stress*

Through the year with Anselm Grün

In this book, Anselm Grün invites us to begin and end every day of the year with a positive thought. These short reflections encourage us to pause and sharpen our awareness of the many small moments of happiness that we might otherwise overlook. A spiritual companion that uplifts, offers new perspectives and directs our gaze towards what sustains us in life.



Pater Anselm Grün | is the most successful Christian author. Over the course of his life, he has published over 700 titles, and his works have been translated into over 30 languages.

short words of inspiration for every morning and evening

the popular tear-off calendar, now in book form as a **timeless companion** for the whole year



Anselm Grün
Moments of Happiness
A Daily Companion For The Whole Year
approx. 394 pages | Hardback
September 2026

inspiring thoughts for every day

Overcoming loneliness

A book about a feeling that many recognise but rarely articulate clearly: loneliness in the face of grief, but also during life's transitions, where saying goodbye also plays a major role. With keen sensitivity and great depth, Anke Keil explores this multi-faceted topic and sheds light on different forms of loneliness: the painful feeling of being alone, loneliness in times of change, emotional, social and even collective loneliness.

Each section combines objective observations with personal accounts, behind which (including her own) experiences of illness, loss, homelessness or doubt following decisions become apparent. Brief reflections and questions invite readers to reflect on what separates us from others—and, above all, what can reconnect us and thus help to heal our grief to some extent.

A sensitive and insightful book about one of the quietest, yet most human emotions of our time.



Anke Keil | studied theology and general rhetoric, and subsequently spent some time working as an editor at a publishing house, before going on to work as a bereavement counsellor and bereavement support worker in Esslingen and Stuttgart. She is the author of several books on these topics. Her book *When Mrs Mourning moved in with us* has sold 10,000 copies to date.

pressing issue, particularly for those who are grieving

practical help to emerge from the shell of grief and find connection with others



Anke Keil
A Light in The Darkness
Finding Connection in Loneliness
And Grief
 approx. 144 pages | Hardback
 September 2026

*what heals and what
brings us together*

Giving voice to grief

When a loved one has died, we often struggle to find the words to express the loss, the longing, and the grief. This applies not only to those who are grieving, but also to the people who wish to support them and be there for them.

The empathetic, sometimes poetic texts in this book make it possible to give space to grief and all the feelings that go with it. They help to put the unspeakable into words and to share the pain with one another. In this way, it becomes possible to gradually regain hope and find new strength.

A valuable gift for those who are grieving and for everyone who wishes to be close to them.

With texts by

Anselm Grün - Giannina Wedde

Anke Keil - Dorothee Sölle

Khalil Gibran - Mascha Kaléko

Dietrich Bonhoeffer - Elisabeth Kübler-Ross

and many more

comforting and helpful **gift for those who are grieving**

collection of texts for carers, funeral speakers and other key figures



Marlene Fritsch (ed.)
Safe in My Heart
Reflections For The Bereaved
 approx. 128 pages | Hardback
 September 2026

words of hope and strength

Through Advent with angels

Angels fascinate and move us—especially during Advent, when many people long for light, peace, and hope. This beautifully designed Advent calendar, featuring texts by Anselm Grün, offers inspiring reflections day by day and a sense of being cared for. A wonderful companion through the often hectic pre-Christmas season and a high-quality gift for anyone who wishes to rediscover the deeper message of Christmas.

| **THE Advent Calendar** by Anselm Grün



Insides 2025

*guided and supported:
a newly designed Advent
calendar*

Anselm Grün
Angel Lights
The Advent Calendar From The Monastery
Approx. 48 pages | stapled
with holes for hanging
September 2026

Monastic recipes for every day of Advent

This Advent calendar combines culinary diversity with spiritual depth, offering savory and sweet recipe ideas from monasteries around the world—authentic, comforting, and perfect for the contemplative season.

A daily inspiration for anyone who wants to savor Advent mindfully: with simple, monastery-inspired dishes that combine tradition and enjoyment in a special way. An attractive gift—for yourself and for loved ones who enjoy cooking and trying out new recipes.



Stefan Wallmeyer | is a chef through and through. He has been named “International Chef of the Year” twice, won the National Food Award, and (who wouldn’t want this title?) came in second place in the German Oyster-Opening Championship. After working at various establishments, he was responsible for catering to the monks in Gerleve for many years.



featuring recipes **from monasteries around the world**

wonderful gift for master chefs and baking enthusiasts

inspiring Advent calendar—culinary and spiritual

Stefan Wallmeyer
Divine Cuisine
24 Christmas Recipes From The Monastery
 approx. 48 pages | stapled with holes for hanging
 September 2026



Living mindfully



for inner transformation and vitality



This calendar invites you to experience Lent not merely as a time of self-denial, but as a time of inner transformation toward greater vitality. Each day opens up a moment of silence: a thought, an impulse that gives strength and revitalizes. In this way, Lent becomes a healing journey to rediscover what is essential—inspired by one of the most beloved spiritual authors of our time. A calendar that encourages us to live more deeply—and to become more alive.

| **THE Lenten Companion** by Anselm Grün

Anselm Grün
More Lively
The Lenten Calendar From The Monastery
approx. 98 pages | stapled
with holes for hanging
January 2027

Less is more



a deck of cards to find inner peace, to take a deep breath, and to find calm



“A Little Lent for Your Pocket” invites you to pause for a brief moment amidst the hustle and bustle of everyday life—and rediscover what truly matters. 40 lovingly designed cards inspire you to slow down, take a deep breath, and rediscover the beauty in simplicity.

Whether as a daily reminder for yourself, a gift for loved ones, or a little anchor of calm on the go—this handy card set fits in any pocket and reminds you that less is often more.

| to give as a gift or **as a treat for yourself**

Sarah Östreicher (ed.)
Lent in a Pocket 2027
Series: Lent in a Pocket
40 cards | in a folder
January 2027

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